Case Report

From face cellulitis to periorbital necrotizing fasciitis induced by *Streptococcus pyogenese*: a case report

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Abstract – Groupe A Streptococcus (SGA) is one of the main bacteria involved in skin and soft tissue infections. Since September 2022, we observe a resurgence of cases of SGA infections associated with an increased mortality. Periorbital localization for necrotizing fasciitis is rare. The most common etiology is dental infection. We report here a case of dental cellulitis evolving in periorbital necrotizing fasciitis. This patient needed intensive care treatment and tracheotomy. Two surgical procedures were necessary for debridement. After the acute phase, two more surgical procedures were realized for eyelids reconstruction. The aim of this case report is alert to the possible evolution of dental cellulitis during a period of SGA’s epidemic.

Introduction

Groupe A Streptococcus (SGA) is one of the main bacteria involved in skin and soft tissue infections. It’s a gram-positive bacterium with human reservoir, mainly located in the nasopharynx [1]. A SGA infection may lead to multiple clinical presentations. In most cases the infection is benign, but in extreme cases it can be fatal. The predominant genotypes of SGA were: emm1, emm89, emm87, emm3, emm12, emm4, emm6 and emm28 representing 70% of the invasive strains [2].

Since September 2022, an increase case of SGA infection has been observed in Europe and in France [3]. Epidemiological investigations carried out by Santé Publique France (SpF) and the characterization of involved strains by the National Reference Center (CNR) for streptococci suggest that the situation is not related to the emergence of a new strain but an increase in the frequency of the emm1 and the emm12 genotypes [1]. We observed a higher number of fatal infections compared to the last years [4]. SpF and the WHO have set up enhanced surveillance from November 2022 to better assess the epidemiological situation and characterize severe forms requiring admission to intensive care units [4]. Cellulitis is an acute inflammation of the skin and subcutaneous tissues. Necrotizing fasciitis is a rapidly progressive soft tissue infection characterized by extensive necrosis in the deep and superficial fascia [5]. This is a polymicrobial infection in about 70% of cases [5]. It is associated with an overall mortality rate is 14.42% [6]. The use of anti-inflammatory drugs is one of the main risk factors for developing of a necrotizing fasciitis. The clinical presentation is characterized by a rapid extension of local signs such as edema, erythema, pain… Facial localization is rarely necrotizing fasciitis, 94 cases were reported worldwide over the last 20 years [7]. Facial involvement can have aesthetic and functional consequences, short and long term.

The objective of this case report is to present a rare case of face necrotizing fasciitis during a period of increasing of SGA in Europe.

Case report

A 72-year-old woman with no medical history presented a cellulitis of the left upper chest, appearing one week after dental care. She had taken corticosteroids for the last 24 h, prescribed by her general practitioner. She consulted emergency unit with facial pain associated with rapidly progressing edema. She presented signs of septic shock: tachycardia, high fever, and low blood pressure. The cellulitis involved superior and inferior left eyelids associated with chemosis, erythema and major facial edema extending to the neck and the contralateral eyelids (Fig. 1A). Primary ophthalmological examination was impossible due the major eyelids edema. Bacteriological samples were taken using swabs. The patient received 2 g of intravenous amoxicillin and clavulanic acid. A head and neck CT was realized, revealing a diffuse subcutaneous cellulitis without obvious etiology associated with mediastinitis (Fig. 1B). There was no constituted collection.

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The patient was admitted in the intensive care unit and immediately intubated. The biological work-up revealed an increased rate of C reactive protein to 434.3 mg/L and no hyperleukocytosis. Considering the clinical degradation, a tracheotomy was performed on day 2, combined with surgical debridement of the necrotic tissue (Fig. 2). The perioperative samples revealed a SGA infection. Intravenous antibiotherapy was adapted and switched to amoxicillin, clindamycin, and metronidazole at day 4.

From day 5, we observed a clinical and biological regression of the sepsis and the patient discharged from intensive care unit and transferred to maxillo-facial surgery unit (Fig. 3).

At day 7, a new surgical debridement of all necrotic tissues was realized, associated to a canthopexy and a tarsorrhaphy of the left eye (Fig. 4).

Effective antibiotherapy was carried out for a total of 15 days. Tracheotomy was weaned at day 17. The patient was discharged home at day 25.

After 6 weeks reconstructive surgery was performed, consisting in a full-thickness skin graft associated with tarsorrhaphy (Fig. 5). One month after surgery, the aspect of the graft was satisfying. There was still edema of the inferior eyelid (Fig. 6). The patient was seen again nine months later and she was satisfied with the aesthetic result (Fig. 6B).
Discussion

Necrotizing fasciitis is a rapidly progressive soft tissue infection characterized by extensive necrosis in the deep and superficial fascia responsible of high morbidity and mortality [5]. There are two types of necrotizing fasciitis: type I is due to a polymicrobial infection and type II is due to SGA (80% of all the necrotizing fasciitis) [7]. Head and neck localization, in particular peri-orbital, is rare. The periorbital necrotizing fasciitis is mainly seen in adults with female predominance (54%) [6]. Apart from the high mortality rate there is a significant risk of a disfiguring scar such as eye loss. Reconstructive surgery must be realized remotely. Overall mortality rate was 14.42% [6]. Complication could be septicemia or multiple organ failure (29%), blindness (13.8%), visual impairment (3.2%) [6]. Head and neck necrotizing fasciitis presents a lower rate of mortality than other presentations due to the good vascular supply.

Periorbital necrotizing fasciitis is characterized by non-specific erythema, localized painful edema of the eyelids followed by formation of blisters and necrosis of the skin and the subcutaneous tissues [6]. The presentation is bilateral in 35% of all cases [8].

Most of reported cases were localized in the neck and the origin was dental (infection or extraction) or pharyngeal infection but in 28% cases no cause was identified [6]. SGA is involved in 80% cases, it is combined with Staphylococcus aureus in 18% cases [7]. Other involved germs are: enterobacterium, no Groupe A streptococcus. The recrudescence of SGA since September 2022 could result at least partially from a rebound after barrier measures in children whose immune system has not been in contact with the strains of SGA that usually circulate [4].

The treatment requires antibiotics, aggressive early surgical debridement and resuscitation measures [9]. A enteral nutritional support is require for every patient [10]. The objectives of the canthopexy and tarsorrhaphy which were realized for the left eye, was to minimize the retraction of the skin. The reconstruction of the resultant soft tissue defect the treatment and must be carried out remotely from the infection [11].

In conclusion, this is a rare case of periorbital necrotizing fasciitis during a period of SGA epidemic in Europa after dental care. This is an aggressive affection requiring early diagnosis and treatment.
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Conflicts of Interest
There is no conflict of interest in regards to this article.

Data availability statement
The data that support the findings of this study are openly available in the Jomos at https://doi.org/10.1051/mbcb/2024005.

Author contribution statement
The main author is Dr Pellat Andréanne, who worked as co-author with Dr GENGLER Charline, with the help of Dr BRIE Alice and Pr ZWETYENGA Narcisse who were the doctors taking care of the patient.

Informed consent
Consent was obtained from the patient.

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